



Südtiroler **SPORTFORUM** Mals
20. - 26. Juli | July | Luglio 2024

Sunrise Tour to “Monterodes”

At 4.00 a.m. we will take the shuttle in Malles/Mals from the Roundabout (near the meeting point, where the small buses are located), to the “Schleiseralm” (a mountain hut) at 2049 meters above sealevel, the ride will take Approx. 30 min. From there we will hike along the meadow and easily accessible path through the forest. It will take us about 1h to reach the top of the mountain “Monterodes” at 2.361m.



Day: **Monday, 22.07.24**

Departure: **04:00 a.m. at the Meeting Point/Rondell**

Registration: at the Office until **Sunday, 22.07.24 – 6:00**

p.m.Participants: 24

Information: You will have to cover 400m of altitude in 1 hour of hiking.

What you need: Hiking equipment: good shoes, appropriate clothing, a small backpack with clothing to change and wind jacket, something to drink, headlamp.

For further information please ask at the office.

Tour guide: Pobitzer Andreas