



Südtiroler **SPORTFORUM** Mals  
20. - 26. Juli | July | Luglio 2024

## Day-hiking tour

# Goldsee Lake Trail/Goldseeweg

The hike on the Goldsee Lake Trail doesn't only offer a wonderful view on the Ortler mountain, it gives you also information about the region through theme boards.



**Departure:** 08:00 p.m. at the Meeting Point

**Registration:** at the Info Point until Monday – 11:15 a.m.

**Information:** Prerequisites are surefootedness and no problems hiking on high altitude  
Hiking equipment (Backpack, good shoes, appropriate clothing)  
Something to eat and drink for during the hike

**Participants:** 20

**Guide:** Bruger Michael





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## Goldsee Lake Trail/Goldseeweg

### Description to arrive at destination

We take the train from Mals (train station) to Spondigna/Spondinig, from where we take the bus (public transport) to the Passo dello Stelvio. We start our hiking trip about 10:00.

### General description

High above Trafoi is the Goldsee Lake Trail (path nr. 20) which winds through a rock desert. The hiking trail doesn't only offer a magnificent view on the Ortler mountain, the trail gives you also information about the region. Along the way, theme boards explain the history of the mountain front during the First World War and give an insight into the vegetation and geology.

### Route description

From the Passo dello Stelvio/Stilfser Joch at 2,754 m, the 3.5-hour route (path no. 20) leads to the cima Garibaldi and then over the Goldsee lake, to the rif. Forcola. After a stop for refreshments, you can take the chair lift (you have to buy it yourself) or a beautiful hike through the forest (path no. 17) down to Trafoi. (additionally, 4,3km and ↓ 620m)

🕒	Duration	3:20 h
↗	Length	8.4 km
♥	Difficulty	medium
^	Difference in height uphill	105 hm
∨	Difference in height downhill	716 hm
^	Difference in height	2856 m