

## Rugby-soccer

The game of Rugby-soccer should be played using regulation soccer nets and a regulation soccer ball.

The size of the field can vary depending on the number of participants but should be approximately two-thirds the size of a soccer field.

There are no specific number of players per team, however the game works well from 8 v 8 to 12 v 12.

The game is played using soccer rules with the following modifications:

Goals can only be scored with the head.

Goalies can advance the ball (with hands) as far as centre before playing it to a teammate.

Players can handle the ball if the ball is directly passed (without touching the ground) including by oneself, to the hand by foot.

Players can advance the ball while handling it until they are tagged/touched. When tagged/touched they must immediately drop the ball and can continue playing with the feet using soccer rules.

If a player would like to pass to a teammate from hand to hand they must pass the ball laterally or backwards like rugby.